

National Institute on Drug Abuse: Characteristics of Prevention Interventions

The NIDA website (2008) states that preventive interventions "provide skills and support to high-risk youth to enhance levels of protective factors and prevent escalation to drug abuse."

Therefore, both **Capturing Kids' Hearts** and **Teen Leadership** qualify as preventive interventions because they enhance connectedness to school (protective factor), address poor social coping skills and failure in academic performance (risk factors), and align with the principles for adhering to the risk and protective factors model in prevention programs outlined by the NIDA.

<http://www.nida.nih.gov/Prevention/risk.html>